Bring your mountain bike, horse, or hiking shoes to experience the Maah Daah Hey Trail, an epic 144-mile trail system containing eight unique segments, each with a distinct topography. Access the trail just northwest of the park entrance. Heading north will take you to a crossing of the Little Missouri River and on terrain of varied elevations toward Theodore Roosevelt National Park. Heading south leads toward Bully Pulpit Golf Course and views of the Badlands and Little Missouri National Grassland.

In the early spring, canoeing and kayaking the Little Missouri River is a popular activity. Traversing the Little Missouri River offers a unique perspective of the Badlands from North Dakota’s only State Scenic River. Keep an eye out for wildlife roaming the hills, including bighorn sheep, wild horses, bison, deer, elk and prairie dogs.

The Little Missouri River runs along the west side of the park boundary. The river gets its unique coloring from the sediment types throughout the badlands. Catfish, carp and bullheads can be found in the river. The desert-like, rugged Badlands and grasslands are home to unique plant species such as the yucca, prickly pear cactus and gumbo lily which can be found by exploring in and around the park.

Sully Creek State Park is located just outside of the historic town of Medora. Medora, which is now a popular tourist destination, was founded by French Nobleman Marquis de Morès. The Marquis worked to build a ranching empire. This area was also made famous by President Theodore Roosevelt, who spent time before his presidency ranching in North Dakota. He would later establish several national parks and be a key player in the conservation of land. While you are in the area, enjoy the Medora Musical and explore some of the historical sites, including the Chateau de Morès State Historic Site, Theodore Roosevelt National Park, the Elk Horn Ranch site or the North Dakota Cowboy Hall of Fame.