2022 ADVENTURE CHALLENGE

Visit some of North Dakota’s most legendary locations and make memories as you explore the recreational and historic opportunities in North Dakota’s State Parks & Recreational Areas.

- Lake Metigoshe SP—Hike the Old Oak Trail, ND’s first National Recreation Trail, built by the Youth Conservation Corps. Locate a trailhead, snap a selfie and indicate the year the trail was built.
- Cross Ranch SP—Hike along the Matah Trail and take a selfie at your favorite spot overlooking the Missouri River. “Matah” is translated to what English word?
- Lake Sakakawea SP—Hike the Whitetail Trail and obtain a selfie with the Garrison Dam in the background. Garrison Dam creates the 12th largest lake in the United States. Along with your selfie, tell us the size of Lake Sakakawea (acres or sq. miles).
- Little Missouri SP—The Little Missouri River flows through four states before flowing into Lake Sakakawea at Little Missouri State Park. Hike the I-Trail, grab a selfie with the only ND State Scenic River as your backdrop and list the four states in which the river flows.
- Sully Creek SP—Hike the Maah Daah Hey (MDH) Trail starting near the campground entrance. The MDH stretches 144 miles through the picturesque ND badlands. Snap a badlands selfie and message us what symbol is on the MDH trail markers.
- Beaver Lake SP—Explore the Old Settlers Trail. Take a selfie at the historic stone cairn and message us the year it was dedicated.
- Turtle River SP—Locate the CCC Memorial Shelter. This shelter was constructed in the 1930’s as a bathhouse for swimming. Send us your selfie with the shelter and, without using abbreviations, tell us the name of the group which built the shelter.
- Icelandic SP—Stop in at the Pioneer Heritage Center to pick up and complete a scavenger hunt that will enable you to take a step back in time to learn more about the pioneer settlement story of northeastern North Dakota. Snap a selfie with your favorite historical building and send it along with a pic of your completed scavenger hunt.
- Fort Abraham Lincoln SP—The Mandan occupied On-A-Slant Village for over 200 years, spanning from the late 16th century to 1781. Obtain a selfie in front of one of the earthlodges and message us how many earthlodges were once onsite.
- Fort Stevenson SP—Visit the Guardhouse and snap a selfie next to the reproduced 3rd ordnance cannon in the sally port and indicate how many miles away the original guardhouse stood.
- Fort Ransom SP—The Andrew Sunne homestead is located within the park. Visit the farm and take a selfie with the barn. Stop at the visitor center and find out the country from which Mr. Sunne immigrated. Send us your selfie along with your answer.
- Lewis & Clark SP—Lewis & Clark camped nearby on their expedition. Snap a selfie overlooking Lake Sakakawea and tell us the date they camped nearby.
- Grahams Island SP—The Sivert Thompson Loop Trail meanders through woodlands consisting of two main species of trees. Take a selfie along the trail with one of these trees and tell us which species it is.
- Crow Flies High State Recreation Area—This area overlooks the old Sanish townsite, where over 450 people once lived and 54 businesses were located. The town was officially abandoned on April 29th, 1953. Visit the area, take a Lake Sakakawea selfie and tell us why the town was abandoned on that particular day.
- Pembina Gorge State Recreation Area—The geologic formations in this area contain numerous fossils. Take a selfie at the overlook just beyond the entrance sign and tell us the name of the lizard-like creature that reached up to 30 feet in length.
- Fishing—Our lake and river parks provide excellent fishing opportunities. Grab a pole, snap a selfie with your catch and let us know which lake/river you were fishing.
- Geocaching—Most of the ND State Parks offer geocaching. Visit www.geocaching.com or download the free app, locate a cache in one of the ND State Parks, grab a selfie and tell us which park you visited and the name of the cache you found on your visit.
- Mountain Biking—Our locations provide great opportunities for mountain biking. Pedal one of the multi-use trails and take a selfie at one of your favorite locations along the trail. Send us your selfie along with the name of trail and park you chose to explore.
- Adventure Labs—Download the free Adventure Lab app on your smartphone. Visit TRSP, ISP, CRSP, FRSP, FSSP, FALSP or LMSP to try one of these new recreational activities in the ND State Parks. Take a selfie at one of the stops along the way and message us which park for which you were taking an adventure!
- Paddling—Half of the ND State Parks offer canoe and/or kayak rentals. Rent or bring your own to paddle the park. Take a selfie along the shoreline and tell us which park you visited as well as whether or not you’ve paddled that park before!
- Campfire—There’s nothing like sitting around a campfire! Visit a ND State Park and light a campfire. Check to see if there are any fire restrictions in place before doing so. Take a selfie ‘round the campfire and along with your selfie, message us the three “ingredients” fire needs to burn.
- Fall Leaves—Grab a fall selfie at any one of our locations, showcasing the leaves and a landmark location of your choice. In addition, tell us the name of the green pigment that decreases because of shorter days.

ACCEPT THE CHALLENGE AND BEGIN YOUR ADVENTURE!

1. Follow the ND Parks & Rec Adventure Challenge Facebook page.
2. Complete adventures, take selfies and explore the park for answers to prove completion.
3. Submit selfies along with the required answers via private message to the ND Parks & Rec Adventure Challenge Facebook page.
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Official Rules

- The 2022 Adventure Challenge officially begins on May 16, 2022 and ends on October 15, 2022; participants can start the challenge at any time within that time frame and adventures can be completed in any order.
- Participating locations include all 13 of the North Dakota State Parks. Additional locations include the Crow Flies High and Pembina Gorge State Recreation Areas.
- Limit one participant per single Facebook account. To participate, entrants must have a Facebook account that follows the ND Parks & Rec Adventure Challenge Facebook page. Those under the age 13 years of age need to participate along with a parent/guardian as per Facebook’s terms and conditions, individuals must be at least 13 years of age to sign up for a Facebook account.
- Challenges are listed on a pinned post on the ND Parks & Rec Adventure Challenge Facebook page and are available by visiting https://www.parkrec.nd.gov/challenges.
- Participants must take pictures and answer individual challenge questions to prove completion. Pictures and answers must be submitted via private message to the ND Parks & Rec Adventure Challenge Facebook page from a single account. ND Parks & Recreation Department staff is not responsible for follow-up correspondence to obtain any missing photos and/or answers to satisfy any challenge submittals. Should required photo and/or answer be missing, it will result in no credit given for that individual challenge.
- All photos must be taken while visiting one of the participating locations as photos taken offsite will not satisfy completion for any challenge. Photos that are emailed, posted to the Facebook page or tagged referencing the challenge or Facebook account will not be accepted, nor counted towards the challenge.
- Only one photo per challenge will be accepted; each photo submission must reference the challenge it is intended to fulfill by providing the answer. The same photo cannot be used to complete multiple challenges. Completing a challenge multiple times will not add to your total completed challenges. The North Dakota Parks & Recreation Department will assume copyrights affiliated with challenge entries, enabling them to be utilized in promotional materials and shared on social media. If, for whatever reason, you do not wish your pictures be utilized and/or shared please send that request via private message along with your pictures so your request can be honored.
- To maximize your experience, please research or call individual locations directly for additional information surrounding items such as equipment rental availability, river levels, office/visitor center hours, trail conditions, etc. prior to your visit should you have any questions.
- All questions, comments or concerns should be sent via private message to the ND Parks & Rec Adventure Challenge Facebook page; please understand that a limited amount of staff process challenge entries. Our goal is to be timely and answer questions, address concerns and verify entries within a few hours, but please allow up to 24 to 48 hrs. for replies.

Incentives

We hope you enjoy traveling to and learning more about all of our locations, services and opportunities the North Dakota Parks & Recreation Department has to offer. Upon the conclusion of the challenge, the first 100 participants who have completed the most adventures according to the official rules will receive an official 2022 Adventure Challenge patch via postal mail.

In addition, the 25 individuals that have completed the most challenges will be entered into a drawing for five 2023 North Dakota Parks & Recreation Department annual vehicle permits; valid through April 30, 2024.

Winners will be announced via Facebook in November and will be sent their permit December through postal mail.