

# 2022 SUMMER OLC DAY CAMP SERIES

*The Outdoor Learning Center at Lake Metigoshe State Park is hosting a day camp series for youth ages 7-12 that will focus on hands-on recreational skills and environmental education.*



NORTH  
**Dakota**  
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Lake Metigoshe  
STATE PARK



Amy Schimetz • [aschimetz@nd.gov](mailto:aschimetz@nd.gov) • 701-263-4514

## DATES

- June 21 (ages 9-12)
- June 29 & 30 (ages 7 & 8)
- July 6 (ages 9-12)
- July 27 (ages 7 & 8)
- August 3 (ages 7 & 8)
- August 10 & 11 (ages 9-12)

## PARTICIPANTS

must be appropriate age at the time of camp. Participation is limited due to the hands-on nature of the activities so it's advised to register early!

## CAMP FEES

are \$40/day; participants can sign up for one or multiple days. Fees cover use of equipment, lunch and snacks.

## REGISTRATION

is completed by purchasing a ticket and agreeing to the terms and conditions for the day(s) of which you'd like to register a participant. **Registration opens for all camps at 10:00am on Wednesday, May 18 via <https://bit.ly/2022OLCDayCamps>**; registration closes about two weeks prior to each camp or as camp(s) fill. Ticket sales are final; registered participants that do not attend waive their camp fee. If, for whatever reason LMSP needs to cancel camp, full refunds will be available.

## PARTICIPANTS

should bring a backpack for personal items to include re-fillable water bottle, sunscreen, bug spray, hat/ball cap, sunglasses, swimsuit/swim trunks and beach towel. Snacks and lunch provided.

## ENTRANCE FEES

are required in all ND State Parks; \$7 daily entrance fee, \$35 annual vehicle permits or \$55 family permit (two annuals for those in same household) are available onsite or [online](#). Annuals valid through 4/30/23.

# 2022

## OLC DAY CAMPS

### (7 & 8 year olds)

*The Outdoor Learning Center at Lake Metigoshe State Park is hosting day camps for those 7 & 8 years of age that are interested in learning hands-on recreational skills and environmental education.*



### CAMP INFORMATION:

- Campers must be 7 & 8 at time of camp
- Register for one or multiple days of camp
- Each camp take place 9am-4pm
- Registration fees are \$40/day; use of equipment, lunch and a snack are included in registration fees
- Participation is limited to 12 participants each day
- Each day concludes with supervised swim and play time at the Lake Metigoshe State Park beach
- **Registration opens Wednesday, May 18 at 10:00am via <https://bit.ly/2022OLCDayCamps> and closes about two weeks prior to each camp, unless camp fills prior**

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## DATES & ACTIVITIES

### Wednesday, June 29

Happy Campers (7 & 8 yr olds)

9:00am-4:00pm

- Scats & Tracks
- Camping Games
- Campfire Building, Safety & Cooking
- Guided Hike
- Play & Swim at Beach

### Thursday, June 30

Creature Feature (7 & 8 yr olds)

9:00am-4:00pm

- Skins & Skulls
- Beaks, Feet & Feathers
- Fish Adaptations
- Busy Beavers
- Play & Swim at Beach

### Wednesday, July 27

Fun & Games

9:00am-4:00pm

- Amazing Adaptations
- Hands-on Hike
- Eco Games
- Escape Room Activities
- Play & Swim at Beach

### Wednesday, Aug 3

Things with Wings

9:00am-4:00pm

- Insect Investigations
- Migration Game: It's a Risky Business
- Owl Adaptations
- Dress Like a Duck
- Play & Swim at Beach

## REGISTRATION

is completed by purchasing a ticket and agreeing to the terms and conditions for the day(s) of camp of which you'd like to register a participant. Ticket sales are final; registered participants that do not attend waive their camp fees. If, for whatever reason LMSP needs to cancel camp, full refunds will be available.

# 2022 OLC DAY CAMPS (9-12 year olds)

*The Outdoor Learning Center at Lake Metigoshe State Park is hosting day camps for those 9-12 years of age that are interested in learning hands-on recreational skills and environmental education.*



## CAMP INFORMATION:

- Campers must be 9-12 years old at the time of camp
- Register for one or multiple days of camp
- Each camp takes place 9am-4pm
- Registration fees are \$40/day; use of equipment, lunch and a snack are included in registration fees (those attending the Aug 10 Hit the Trail Camp will need to bring their own bikes for guided trail adventure)
- Participation is limited to 12 participants each day
- Each day concludes with supervised swim and play time at the Lake Metigoshe State Park beach
- **Registration opens Wednesday, May 18 at 10:00am via <https://bit.ly/2022OLCDayCamps> and closes about two weeks prior to each camp unless camp fills prior**

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## DATES & ACTIVITIES

### Wednesday, June 21 Make A Splash

9:00am-4:00pm

- Wetland Exploration
- Intro to Kayaking
- Fish ID & Adaptations
- Water Games
- Play & Swim at Beach

### Wednesday, July 6 Survival Skills

9:00am-4:00pm

- Archery
- Food, Water & Shelter
- Fire Building
- Map Skills & Orienteering
- Escape Room Activity
- Play & Swim at Beach

### Wednesday, Aug 10 Hit the Trail

9:00am-4:00pm

- \*Guided Biking Adventure\*
- Tracks & Scats
- Skins & Skulls
- Intro to Geocaching
- Play & Swim at Beach

**\*MUST BRING A BIKE AND WEAR A HELMET; HELMETS AVAILABLE**

9:00am-4:00pm

- Intro to Kayaking
- Shoreline Birds
- Guided Hike
- Intro to Fishing
- Play & Swim at Beach

## REGISTRATION

is completed by purchasing a ticket and agreeing to the terms and conditions for the day(s) of camp of which you'd like to register a participant. Ticket sales are final; waiting lists are not managed. Registered participants that do not attend waive their camp fees. If, for whatever reason LMSP needs to cancel camp, full refunds will be available.

## Registration Information

Registration for all of the 2022 Summer OLC Day Camp Series opens at 10:00am on Wednesday, May 18 by visiting <https://bit.ly/2022OLCDayCamps>. Parents/Guardians register participants online by purchasing a ticket and agreeing to the terms and conditions for the day(s) of camp of which you'd like to register a participant. Registration closes about 10 days prior to each camp, unless camp fills prior. Ticket sales are final, no exceptions. If, for whatever reason LMSP needs to cancel camp, full refunds will be available. At the time of camp, participants need to be the age affiliated with the camp description. Participation is limited to 12 participants for each camp.

## Cancellation Policy

Ticket sales are final, no exceptions. Refunds will not be available. Due to the terms and conditions agreed to upon online registration, transferring tickets to other participants is not acceptable. Any participants that are ill or simply do not attend will waive registration fees, no exceptions. If, for whatever reason LMSP needs to cancel camp, full refunds will be available.

## Drop-off/Pick-up

All OLC Day Camps are 9am-4pm. Participants should be dropped off each morning at the Lake Metigoshe State Park office no earlier than 8:45am. To ensure the safety of all participants, please walk participants into the building to let park staff know the name of the person that will be picking up participants at the end of each day. Participants need to be picked up at the beach at 4pm; each camp wraps up with supervised time at the beach. As a courtesy to both participants and park staff, please be on time. Should an issue arise, please contact the park at 701-263-4651.

## State Park Entrance Fees

All vehicles entering any North Dakota State Park are required to subject to entrance fees. Daily entrance fees are \$7/vehicle. An annual permit is available for \$35, which is valid through April 30, 2023 and waives entrance fees into all of the North Dakota State Parks. An annual family permit is available for \$55, which includes two annuals for those in the same household. Permits and daily fees can be taken care of onsite within the park office or [online](#).

## Messages

If you need to get a message to a camper and/or staff during camp, please call the main office for Lake Metigoshe State Park 701-263-4651 and leave a message. A courtesy phone call would be appreciated if your child is ill and will not be showing up that day for camp.

## What to Bring

For participants' safety, experience and comfort level all should bring a backpack with several items to include, but not be limited to, a refillable water bottle, sunscreen, bug spray, hat/ball cap, sunglasses, extra change of clothes, swimsuit and beach towel. Participants signing up for the Wednesday, Aug 10 Hit the Trail Camp (9-12 yrs old) need to bring their own bikes and helmets. LMSP does have a limited supply of helmets available for those that are in need.

## Snacks/Lunch

Snacks and a healthy lunch will be provided. Please make sure participants have breakfast prior to camp to ensure they are ready for the day.

## Beach Time

Our staff are not certified lifeguards; we will supervise participants at the beach and swimming area. Life jackets are available should any participants want or need them. Please let staff know ahead of time if there are any participants that cannot swim. If you are not comfortable with your camper spending time at the swimming beach in your absence, you may join us at the beach at 3:30pm. We'll assume all participants will be picked up at the beach unless we are otherwise notified. Should the weather not cooperate for beach time, participants can be picked up from the main office.

## Parents/Guardians

Please be sure someone is available to pick up your child(ren) within 30 minutes should a situation arise such (illness, injury or disciplinary issue).

## Disciplinary Actions

Park staff reserves the right to remove any participant(s) should disciplinary issues become a problem. In this case, the parents/guardians will be called and immediate arrangements will be made for that camper to get picked up. The participant will forfeit the rest of their time at the camp; a refund will not be made available.

## Weather Policy

Camp will take place rain or shine. Should weather not be ideal for planned outdoor activities, alternative activities will be planned indoors.

## Campsites

Reservations are available by calling 1-800-807-4723 or by visiting our [website](#); campsite reservations are taken up to 95 days prior to date of arrival.



# LAKE METIGOSHE STATE PARK

